

# Peachy Affirmations



I AM  
WORTHY

I  
MATTER

I AM OF  
EXTREME VALUE

I AM  
LOVED

I BELIEVE  
IN MYSELF

I AM A GOOD  
MOTHER/FATHER

I AM  
ENOUGH

I WILL  
REACH MY  
GOALS

I AM A GOOD  
WIFE/HUSBAND

I AM  
STRONG

GOD MADE  
ME PERFECT

I CHOOSE TO  
LOVE MY BODY